

KWAME SARFO



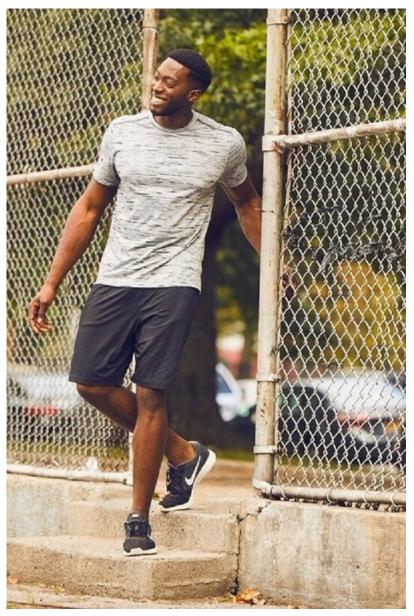


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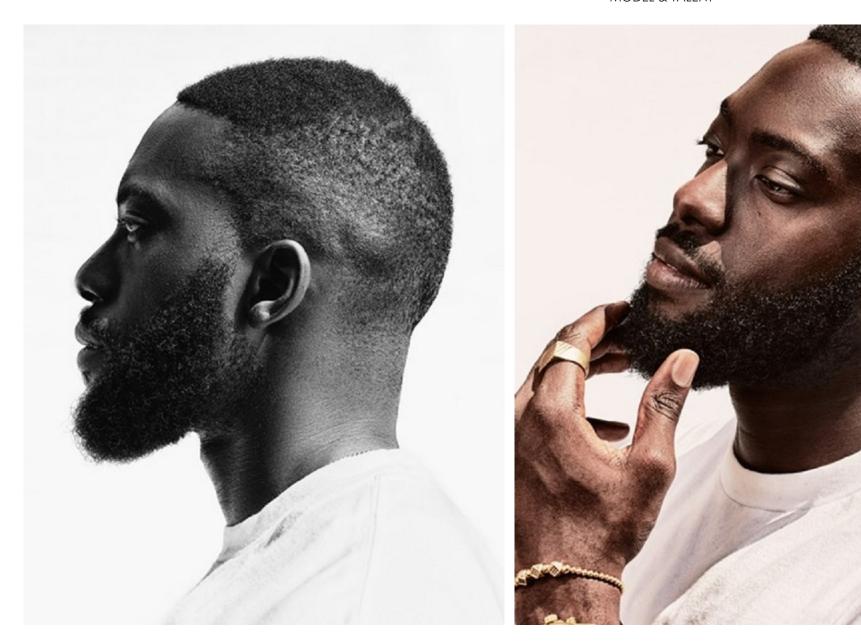


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## Men'sHealth weight loss fitness health sex gift guide



NRC

## **42** Kwame Sarfo

Age: 25

Occupation: Business Analyst

Hometown: Old Bridge, NJ

Resident: Parlin, NJ

Instagram: @Lowkey\_Fleumatique

Kwame, aka the Push-Up Guy, got his claim to fame on "Ellen" doing his trick push-ups, where he uses only the tips of his fingers or his wrists. When he is not showing the world this skill, he wears a suit and tie as a business analyst at the New Jersey Institute of Innovation.

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