



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black

COVER STORY

Find the Doctor You TRUST

Rushed appointments. Profits over patients. Faulty diagnoses. There are plenty of reasons to worry about medical providers today. A veteran RD health journalist shares hard-won lessons from her reporting—and from her family's own health crisis.

BY Michelle Crouch
PHOTOGRAPHS BY Hannah Whitaker

READER'S DIGEST



In 2011, my husband, Pete, began having strange episodes of light-headedness. They lasted less than a minute and often happened when he exercised. He went to see his longtime primary care physician, who suspected he was dehydrated.

56 MARCH 2020 RD.COM 57

NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black